

FOR IMMEDIATE RELEASE

MAST Graduate Named Regimental Commander at the United States Coast Guard Academy

Kristen Nicholson, a 2002 graduate of the **MAST Academy**, has been selected as the *Regimental Commander at the United States Coast Guard Academy (USCGA)*. Charged with leading the 950 cadets at the Academy, Ms. Nicholson will be the first female Regimental Commander in seven years. The Coast Guard Academy's cadet structure and leadership training philosophy of "cadets leading cadets" is the model for the MAST Academy's Coast Guard JROTC program, the only such program in the nation by an Act of Congress.

While at MAST, Kristen elected Coast Guard JROTC for all four years. As a sophomore, she began to stand-out as a truly exceptional leader. As a senior, she was selected as the Battalion Commander, the highest cadet position in the CG JROTC program. Kristen was accepted at the USCGA upon graduation from high school.

At the Coast Guard Academy, Kristen has excelled at every level: academically, physically and militarily. As a senior (1st class cadet or "firsty") she is seventh in the class and ranked second in military aptitude. She scored 463 of a possible 500 on her last physical fitness test.

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